

A quick guide to

help with health costs

including charges and optical
voucher values

Effective from 1 April 2008

Prescriptions

NHS dental treatment

NHS wigs and fabric supports

Sight tests

Glasses or contact lenses

**Travel to receive NHS treatment
under the care of a consultant, or
through a referral by a doctor or
dentist**

The penalty charge

Introduction

This booklet gives you information about NHS charging arrangements in England only.

This is not a complete guide to the help available. For more detailed information read leaflet [HC11 – Help with health costs](#).

You can get a copy at Jobcentre Plus offices, NHS hospitals. Your doctor, dentist or optician may have one too. Or, visit www.dh.gov.uk/helpwithhealthcosts.

NHS Prescriptions

You do not have to pay for prescriptions if you:

- are under 16 years old;
- are 16, 17 or 18 and in full-time education;
- are 60 years of age or over;
- have a valid Medical Exemption Certificate, see page 10;
- have a valid Maternity Exemption Certificate, see page 11;
- have a valid War Pension Exemption Certificate;
- have a valid Prescription Pre-payment Certificate, see page 12;
- get, or have a partner who gets Pension Credit (Guarantee Credit);

- get, or have a partner who gets Income Support;
- get, or have a partner who gets income-based Jobseeker's Allowance;
- have, or are named on, a valid NHS Tax Credit Exemption Certificate;
- are named on a valid HC2 certificate; or
- are an NHS in-patient.

The items below are supplied free:

- medication administered at a hospital or an NHS Walk-in Centre;
- prescribed contraceptives;
- medication personally administered by a GP;
- medication supplied at a hospital or PCT clinic for the treatment of a sexually transmissible infection (STI).

NHS dental treatment

You can get free NHS dental treatment if:

- **when the treatment starts you are:**
 - under 18 years old;
 - 18 years old and in full-time education;
 - pregnant, or have had a baby in the 12 months before treatment starts;
 - an NHS in-patient and the treatment is carried out by the hospital dentist; or
 - an NHS Hospital Dental Service out-patient. There may be a charge for dentures and bridges.
- **when the treatment starts or when the charge is made:**
 - you get, or has a partner who gets:
 - Income Support;
 - Income-based Jobseeker's Allowance; or
 - Pension Credit Guarantee Credit.
 - you are entitled to or named on a valid NHS Tax Credit Exemption Certificate; or
 - you are named on a valid HC2 certificate.

Partial help: if you are named on a valid HC3 certificate you might get some help towards the cost of your NHS dental treatment.

NHS sight tests

You can get free sights tests if you:

- are under 16 years old;
- are 16, 17 or 18 and in full-time education;
- are 60 years of age or over;
- are a diagnosed glaucoma patient;
- have been told by an ophthalmologist that you are at risk of glaucoma;
- are 40 years of age or over and are a parent, brother, sister, son or daughter of a diagnosed glaucoma patient;
- have been diagnosed as diabetic;
- are registered as severely sight-impaired, blind, sight-impaired or partially sighted;
- need complex lenses;
- are someone whose sight test is carried out through the hospital eye department as part of the management of your eye condition;
- are getting, or your partner gets:
 - Income Support;
 - Income-based Jobseeker's Allowance; or
 - Pension Credit Guarantee Credit.
- are entitled to or named on a valid NHS Tax Credit Exemption Certificate; or
- are named on a valid HC2 certificate.

Partial help: if you are named on a valid HC3 certificate you might get some help towards the cost of a private sight test.

NHS optical vouchers

You can get vouchers towards the costs of glasses or contact lenses if you:

- are under 16 years old;
- are 16, 17 or 18 and in full-time education;
- need complex lenses;
- are getting, or your partner gets:
 - Income Support;
 - Income-based Jobseeker's Allowance; or
 - Pension Credit Guarantee Credit.
- are entitled to or named on a valid NHS Tax Credit Exemption Certificate; or
- are named on a valid HC2 certificate.

Partial help: if you are named on a valid HC3 certificate you might get some help.

If your glasses or contact lenses cost more than your voucher value, you will have to pay the difference.

NHS vouchers for repair or replacement of glasses or contact lenses

You can get vouchers if you are under 16 years old. If you are 16 years of age or older, conditions apply.

For more detailed information read leaflet [HC11 – Help with health costs](#). You can get a copy at Jobcentre Plus offices, NHS hospitals. Your doctor, dentist or optician may have one too. Or, visit www.dh.gov.uk/helpwithhealthcosts.

NHS travel costs

You can get help with necessary cost of travel to receive NHS treatment under the care of a consultant, or through a referral by a doctor or dentist if you:

- are getting, or your partner gets:
 - Income Support;
 - Income-based Jobseeker's Allowance; or
 - Pension Credit Guarantee Credit.
- are entitled to or named on a valid NHS Tax Credit Exemption Certificate;
- are named on a valid HC2 certificate. (Includes travel by your dependent children); or
- are a war pensioner and the treatment is for your accepted disablement

Partial help: if you are named on a valid HC3 certificate you might get some help.

NHS wigs and fabric supports

You can get free wigs and fabric supports if you:

- are under 16 years old;
- are aged 16, 17 or 18 and in full-time education;
- are a hospital in-patient ;
- are a war pensioner and the wig or fabric support is for your accepted disablement and you have a valid war pension exemption certificate;
- are getting or your partner gets:
 - Income Support;
 - Income-based Jobseeker's Allowance; or
 - Pension Credit Guarantee Credit
- are entitled to, or named on, a valid NHS tax credit exemption certificate; or
- are named on a valid HC2 certificate.

Partial help: if you are named on a valid HC3 certificate you might get some help.

If you are receiving Working Tax Credit or Child Tax Credit

You can fill in NHS treatment forms to say you are entitled to full help with health costs (for example, free prescriptions) because you are entitled to a Tax Credit Exemption Certificate if:

- your tax credit award notice shows your yearly income (before tax and national insurance is taken off) is £15,050 or less¹ **and** one of the following also applies.
 - You get both Working Tax Credit and Child Tax Credit; or
 - You get Working Tax Credit on its own which includes a disability element (for you) or a severe disability element (this might be for you or your partner); or
 - You get Child Tax Credit on its own because you are not eligible for Working Tax Credit.

¹ The £15,050 limit applies from 1 April 2008.

What to do before your Tax Credit Exemption Certificate arrives

If you are entitled to help with NHS health costs and you need treatment before your certificate arrives, you can sign NHS treatment forms to say you don't have to pay. Tick the box to say you don't have to pay because you are "entitled to, or named on, an NHS Tax Credit Exemption Certificate". Take your tax credit award notice when you go for treatment as evidence that you are allowed free treatment.

People with certain medical conditions

If you have one of the following medical conditions, you can apply for an NHS Medical Exemption Certificate that will allow you to receive NHS prescriptions free of charge.

A permanent fistula (for example, caecostomy, colostomy, laryngostomy or ileostomy) which needs continuous surgical dressing or an appliance.

A form of hypoadrenalism (for example, Addison's Disease) for which specific substitution therapy is essential.

Diabetes insipidus and other forms of hypopituitarism.

Diabetes mellitus, except where treatment is by diet alone.

Hypoparathyroidism

Myasthenia gravis.

Myxoedema (that is, hypothyroidism which needs thyroid hormone replacement).

Epilepsy which needs continuous anti-convulsive therapy.

A continuing physical disability which means you cannot go out without the help of another person.

To apply for a medical exemption certificate, ask your doctor for Form FP92A. The form tells you what to do. Your GP, hospital or service doctor (or at the GP's discretion a member of the GP's practice who can access your medical records) will sign the form to confirm your statement.

Women who are pregnant or who have had a baby in the last 12 months

You are entitled to receive:

- free NHS prescriptions - but only if you have a valid NHS Maternity Exemption Certificate; and
- free NHS dental treatment if, when you are accepted for a course of treatment, you are pregnant or have had a baby in the previous 12 months.

To apply for an NHS Maternity Exemption Certificate ask your doctor, nurse, midwife or health visitor for Form FW8. The form tells you what to do. Your doctor, nurse, midwife or health visitor will sign the form to confirm your statement.

People on a low income

If you are not in any of the groups in this leaflet, but you have difficulties paying NHS charges, you may qualify for help under the NHS Low Income Scheme. This is an income-related scheme which looks at your (and your partner's) weekly requirements and income to work out how much, if anything, you should pay towards your health costs.

If you want to claim help under the Low Income Scheme, pick up form 'HC1 Claim for help with health costs' at your local dentist, optician or GP surgery.

You can also get a form, and help with filling it in, or information and general advice by calling our helpline on **0845 850 1166**.

People who need lots of prescriptions but have to pay charges – Prescription Prepayment Certificates

If you are not entitled to free prescriptions and you think you will have to pay for more than 3 items in 3 months or 14 items in 12 months, you may find it cheaper to buy a Prescription Pre-payment Certificate (PPC). A valid certificate can be used for any number of your prescriptions.

You can also choose to pay for a 12 month PPC by 10 monthly direct debit instalments.

You can apply for a PPC in the following ways.

- Visit www.ppa.org.uk/ppc. You can choose to pay:
 - using a debit or credit card; or
 - by 10 monthly direct debit instalments for a 12-month PPC.
- By post using Form FP95 available from your local pharmacy. You can choose to pay:
 - using a cheque, postal order, debit or credit card; or
 - by 10 monthly direct debit instalments for a 12-month PPC.
- By calling **0845 850 0030**. You can choose to pay:
 - using a debit or credit card; or
 - by 10 monthly direct debit instalments for a 12-month PPC.
- At a pharmacy registered to sell PPCs. Visit www.ppa.org.uk/ppc for a list of registered pharmacies. If you buy a PPC from a registered pharmacy, you cannot pay for it using the Direct Debit instalment option.

Refunds

If you have already paid NHS charges, you might be able to get some or all of your money back. You must claim your refund within three months of the date you paid the charge.

To claim a refund, you normally need to fill in form HC5 refund claim form, appropriate to the charge you paid:

- HC5(D) for NHS dental treatment;
- HC5(O) for a sight test, glasses or contact lenses;
- HC5(T) for travel costs to receive NHS treatment under the care of a consultant, or through a referral by a doctor or dentist
- HC5(W) for an NHS wig or fabric support.

The form tells you what to do.

You can get an HC5 form from:

- your local Jobcentre Plus office;
- your local hospital;
- some dentists and opticians;
- www.ppa.org.uk - the form will be posted to you; or
- by calling **0845 850 1166**.

If you are paying prescription charges and you think that you might want to claim a refund, ask the pharmacist, hospital or doctor for an NHS receipt form FP57 when you pay the charge. You can only get the receipt form at the time you pay the charge. The receipt form tells you what you need to do to claim a refund.

Charges and optical voucher values

NHS prescription charges

- Charge for each prescribed item £7.10
-

For items that come in combination (duo) packs, there is a prescription charge for each different drug in the pack.

- Support stockings – each £7.10
 - Support tights – per pair (available from hospitals only) £14.20
-

Prescription prepayment certificates

Application received on or after 1 April 2008:

- 3-months pre-payment certificates £27.85
 - 12-months pre-payment certificates £102.50
-

NHS wigs and fabric supports

- Stock modacrylic wig £59.20
 - Partial wig – human hair £156.60
 - Full made-to-order wig – human hair £229.05
 - Abdominal support £36.30
 - Spinal support £36.30
 - Surgical bra £24.00
-

Hospital travel costs

If you live in the Scilly Isles, the most you will have to pay to travel to hospital is £5.00

NHS dental treatment

If you normally pay for NHS dental treatment, there will be three standard charges.

The amount you pay will depend on the sort of treatment you need to keep your teeth and gums healthy.

You will pay one of the three charges below.

- This charge will include an examination, diagnosis and care to prevent problems. If necessary this will include X-rays, scale and polish and planning for more treatment. Urgent and out-of-hours care will also cost £16.20. £16.20

 - This charge includes all necessary treatment covered by the £16.20 charge plus other treatment such as fillings, root canal treatments or extractions (having teeth taken out). £44.60

 - This charge includes all necessary treatment covered by the £16.20 and £44.60 charges plus more complicated procedures such as crowns, dentures or bridges. £198.00
-

You will only pay one charge even if you need to go to the dentist more than once to complete a course of treatment.

If you are referred to another dentist, you will still pay one charge (to the dentist who refers you).

If you need more treatment at the same charge level (for example another filling) within two months of seeing your dentist, this will be free of charge.

Example courses of treatment

• Examination, diagnosis and advice to prevent problems.	£16.20
• Examination, diagnosis and advice to prevent problems and one or more fillings.	£44.60
• Examination, diagnosis and advice to prevent problems, one or more fillings and one or more crowns.	£198.00

You should ask your dentist how much your individual treatment plan will cost. The dental practice may ask you to pay before beginning your treatment.

There will be no charge, other than the cost of the prescription itself, if a dentist decides that he or she only needs to issue a prescription, or if he or she just removes stitches from a previous procedure.

Your dentist should display a poster about NHS charges in the waiting room.

Sight tests

• NHS sight test	Free
• NHS sight test at home	Free
• Hospital eye department test	Free

Some people are entitled to free NHS sight tests. HC3 holders may have to pay up to £19.32 for a sight test at an optical practice or £53.34 for a sight test at home.

• Private sight test	See your optician
• Private sight test at home	See your optician

NHS vouchers for glasses and contact lenses

Optical vouchers

Maximum value for each pair of glasses or contact lenses

• Single vision	A	£35.50
	B	£54.00
	C	£79.00
	D	£178.40
• Bifocal	E	£61.40
	F	£78.10
	G	£101.20
	H	£196.10
• Hospital Eye department	I	£182.70
• Complex lens – single vision		£13.40
• Complex lens – bifocal		£33.90

Supplements to vouchers

Where necessary.

		for each lens
• Prism	Single vision	£11.60
	Bifocal	£13.90
• Tint	Single vision	£3.90
	Bifocal	£4.40
• Photochromic	Single vision	£3.90
	Other lenses	£4.40
• Special frames		up to £58.50

Repairing or replacing glasses or replacing contact lenses

If you are entitled to a voucher to cover the cost of repairing or replacing glasses or replacing contact lenses, its value of the voucher will be up to the figures shown in this leaflet, depending on the part which needs replacing or repairing.

The penalty charge

You may have to pay a fine, known as the penalty charge, if you claim help which you are not entitled to towards health costs. The penalty charge is five times the amount owe for the prescription, up to £100. You must pay the penalty charges as well as the original charge.

Example: Prescriptions penalty charge

A patient who claims free prescription items when the charge is £14.20, will have to pay:

• the original charge of	£14.20
• plus a penalty charge of	£71.00
• Total	£85.20

If you are entitled to help, you won't have to pay penalty charges.

For more information about penalty charges, go to www.cfsms.nhs.uk.

Interpretation services

If English is not your first language, we will provide a phone interpreting service on all of the phone numbers shown in this leaflet. When you phone us, tell us in English, or ask a friend to tell us, your preferred language and we will provide an interpreter.

This normally takes between 30 seconds and one minute.

Other special needs

If you ask us, we can send you this leaflet in Braille, on compact disc or in large print.

All phone numbers in this leaflet accept TYPETALK for people who are hard of hearing. This is available Monday to Friday from 8am to 6pm and Saturday from 9 am to 3 pm.